

41st ANNUAL

# Howard Rosen Memorial Tri-State Trauma Symposium

Friday, October 26, 2018

New York, NY

[nyulmc.org/traumacme](http://nyulmc.org/traumacme)



# Howard Rosen Memorial Tri-State Trauma Symposium

## COURSE DIRECTORS

### Philipp Leucht, MD, PhD

Assistant Professor of Orthopedic Surgery and Cell Biology

### Nirmal C. Tejwani, MD

Professor of Orthopedic Surgery  
Chief, Orthopedic Surgery Service, Tisch Hospital

## COURSE DESCRIPTION

With the continuing understanding of traumatic injuries and technological advances, it is imperative to have a forum that can summarize and discuss these advances to allow for improved care of such patients. Such a forum should incorporate evidence-based medicine and the experience of leaders in the field to share knowledge and techniques, as well as present cost-effective methods to potentially deliver the best clinical results. This one-day course will address the above and provide education on the most current concepts and techniques for treating patients with orthopedic trauma injuries. This will allow surgeons in the New York tri-state area to become aware of new technologies, techniques, and thought processes through lectures and interactive case discussions.

## EDUCATIONAL OBJECTIVES

After participating in this activity, clinicians should be able to:

- Develop an operative strategy with an appropriate choice of bone void filler when indicated
- Recognize the patient and fracture characteristics that benefit from non-surgical versus surgical treatment, the approach to be used if surgically treated and the type of fixation versus arthroplasty to be conducted
- Define the benefits and drawbacks of fixation modalities, timing, and replacement options
- Identify specific pitfalls in the treatment of peri-prosthetic fractures and utilize commonly employed tricks and techniques to prevent and/or remedy these pitfalls

## TARGET AUDIENCE

Orthopedic surgeons, trainees, nurses, therapists, allied health professionals who are involved with the treatment of orthopedic trauma patients

## LOCATION

NYU Langone Health  
Alumni Hall  
550 First Avenue  
New York, NY 10016

## PROVIDED BY

NYU School of Medicine

## COURSE FEES

**Full:** \$250

**Reduced\*:** \$200

**NYU Langone Faculty and Staff:** \$82.50

\* Reduced fee applies to physicians-in-training; physicians employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; retired physicians; advanced practice providers; and all other non-physician healthcare professionals.

Please note: This course is eligible for NYU School of Medicine Alumni discount.

## REGISTRATION

[nyulmc.org/traumacme](http://nyulmc.org/traumacme)

After 12 pm on October 24, 2018, only onsite registration is available, provided the course has not reached capacity. Onsite registrants will incur an additional \$20 charge. Registration is non-transferable.

## ELECTRONIC SYLLABUS

Course syllabus will only be distributed electronically. A link will be sent the week of the course where you can view, download or print course information and presentations in advance. This link will also allow you to view the course syllabus on your smartphone, tablet, or laptop during the course. Course presentations remain available for one year after the course.

## REFUND POLICY

Submit your request for a refund of course fees more than \$75 no later than 7 days before the course start date. No refunds will be issued for cancellations or no-shows after that time. To request a refund, email [cme@nyumc.org](mailto:cme@nyumc.org). A \$75 administrative fee will be deducted.

## COURSE CANCELLATION POLICY

If a course is cancelled due to inclement weather, insufficient enrollment, or any other reason, NYU SOM will refund registration fees in full. NYU SOM will provide at least two weeks' advance notice if cancelling due to insufficient enrollment and as soon as possible in all other circumstances. NYU SOM is not responsible for any airfare, hotel, or other non-cancellable costs incurred by the registrant.

## CONTACT INFORMATION

NYU School of Medicine  
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# AGENDA | Friday, October 26, 2018

## 7:20 am Registration and Continental Breakfast

### 7:50 Welcome

Philipp Leucht, MD, PhD and  
Nirmal C. Tejwani, MD

## 8:00 Upper Extremity Injuries

Moderator: Sanjit R. Konda, MD

### Distal Clavicle Fractures: Surgical Indication and Techniques

Kenneth A. Egol, MD

### Humeral Shaft Fractures: When is Functional Bracing Not the Best Option?

Toni M. McLaurin, MD

## 8:20 Question and Answer

### The Unstable Elbow: Tips and Tricks to Make it Stable

Sanjit R. Konda, MD

### The Stiff Elbow: When to Intervene and What to Do

Mel Rosenwasser, MD

## 8:50 Question and Answer

## 9:00 Post-Traumatic Soft Tissue Management

Moderator: Jacques H. Hacquebord, MD

### Soft Tissue Coverage Options for the Orthopedic Surgeon

Jacques H. Hacquebord, MD

### Post-Traumatic Soft Tissue Defects: When to Ask the Plastic Surgeon for Help

Pierre B. Saadeh, MD

## 9:50 Question and Answer

## 10:00 Coffee Break

## 10:20 Lower Extremity

Moderator: Kenneth A. Egol, MD

### Hip Fractures in the Young: Does Timing Still Matter?

David A. Forsh, MD

### Distal Femur Fractures: From Approach to Fixation

Thomas R. Lyon, MD

## 10:40 Question and Answer

### Patella Fracture: How to Fix Them in 2018

Mitchel Harris, MD

### Tibial Plateau Fractures: More Than Just a Bony Injury

Jeffrey H. Richmond, MD

## 11:10 Question and Answer

## 11:20 Foot and Ankle Fractures

Moderator: Nirmal C. Tejwani, MD

### Update on Mid/Hindfoot Fractures

Toni M. McLaurin, MD

### When to Weight-Bear the Post-Op Ankle Fracture

Jason Gould, MD

## 11:40 Question and Answer

### Syndesmotic Reduction and Fixation

Jeffrey H. Richmond, MD

### The Posterior Malleolus: When and How to Fix It

David A. Forsh, MD

## 12:10 Question and Answer

## 12:20 Lunch (on your own)

## 1:20 Pain Management

Moderator: Toni M. McLaurin, MD

### Addressing the Opioid Crisis: Pain Management from an Anesthesia Perspective

Sudheer K. Jain, MD

### What Can We Do Intra-Op to Reduce Post-Op Pain?

Thomas R. Lyon, MD

### Are NSAIDs Indicated for Fracture Patients?

Philipp Leucht, MD, PhD

## 2:05 Question and Answer

## 2:15 Keynote Lecture From Trauma to Tumor: A Personal Journey

Mitchel Harris, MD

## 3:15 Managing Orthopedic Trauma Call

Moderator: Philipp Leucht, MD, PhD

### Knee Injuries Requiring Knee-Spanning External Fixator

Sanjit R. Konda, MD

### Atypical Femur Fracture with Contralateral Stress Reaction: What Should I Do?

Nirmal C. Tejwani, MD

### Gunshot Wounds with/without Fracture: I&D or Not?

Jason Gould, MD

## 4:00 Question and Answer

## 4:15 pm Closing Remarks and Adjourn

## CME ACCREDITATION STATEMENT

The NYU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## CREDIT DESIGNATION STATEMENT

The NYU School of Medicine designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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