

NYU School of Medicine
Continuing Medical Education

Hip Dysplasia International Symposium

**SOLVING A WORLDWIDE
PUBLIC HEALTH CRISIS**

Thursday, September 13, 2018

New York, NY

nyulmc.org/hipdysplasiacme



Hip Dysplasia International Symposium

COURSE DIRECTORS

Pablo G. Castañeda, MD

Elly and Stephen Hammerman
Professor of Pediatric Orthopedic Surgery
Chief, Division of Pediatric Orthopedic Surgery
NYU School of Medicine
New York, NY

Wudbhav N. Sankar, MD

Associate Professor of Orthopedic Surgery
Associate Director, International Hip Dysplasia Institute
Director, Hip Disorders Program
and Young Adult Hip Preservation Program
Children's Hospital of Philadelphia
Perelman School of Medicine at the
University of Pennsylvania
Philadelphia, PA

COURSE DESCRIPTION

This symposium will highlight the major challenges facing providers who deal with patients who have hip dysplasia by using a case based approach to common problems. Attendees will learn the fundamentals of ultrasound enhanced physical exam of the infant hip, strategies to improve the non-operative treatment, as well as the basics of when surgery is needed and how outcomes can be improved.

EDUCATIONAL OBJECTIVES

After participating in this activity, clinicians should be able to:

- Describe how to detect hip dysplasia in infants using ultrasound enhanced physical exam of the hip
- Identify infant patients who are at risk for presenting hip dysplasia and recognize when an ultrasound enhanced physical exam will improve their outcome
- Apply modern, non-operative treatments for hip dysplasia systematically to ensure best outcomes

TARGET AUDIENCE

Orthopedic surgeons, pediatric orthopedic surgeons, pediatricians, neonatologists, family medicine physicians, nurses, nurse practitioners, physician assistants, and physical therapists

LOCATION

NYU Langone Health
Alumni Hall
550 First Avenue
New York, NY 10016

COURSE FEES

Full: \$249

Reduced*: \$149

NYU Langone Faculty and Staff: \$119

Residents and Fellows: \$49

* Reduced fee applies to physicians employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; retired physicians; advanced practice providers; and all other non-physician healthcare professionals.

Please note: This course is eligible for NYU School of Medicine Alumni discount.

REGISTRATION

nyulmc.org/hipdysplasiacme

After 12 pm on September 11, 2018, only onsite registration is available, provided the course has not reached capacity. Onsite registrants will incur an additional \$20 charge. Registration is non-transferable.

ELECTRONIC SYLLABUS

Course syllabus will only be distributed electronically. A link will be sent the week of the course where you can view, download or print course information and presentations in advance. This link will also allow you to view the course syllabus on your smartphone, tablet, or laptop during the course. Course presentations remain available for one year after the course.

REFUND POLICY

Submit your request for a refund of course fees more than \$75 no later than 7 days before the course start date. No refunds will be issued for cancellations or no-shows after that time. To request a refund, email cme@nyumc.org. A \$75 administrative fee will be deducted.

COURSE CANCELLATION POLICY

If a course is cancelled due to inclement weather, insufficient enrollment, or any other reason, NYU SOM will refund registration fees in full. NYU SOM will provide at least two weeks' advance notice if cancelling due to insufficient enrollment and as soon as possible in all other circumstances. NYU SOM is not responsible for any airfare, hotel, or other non-cancellable costs incurred by the registrant.

CONTACT INFORMATION

NYU School of Medicine

Phone: 212-263-5295

Fax: 212-263-5293

Email: cme@nyumc.org

CME ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the NYU School of Medicine and the International Hip Dysplasia Institute. The NYU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The NYU School of Medicine designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Jointly provided by the NYU School of Medicine and the International Hip Dysplasia Institute (IHDI)



AGENDA | Thursday, September 13, 2018

7:00 am **Registration and Continental Breakfast**

Part 1: Primary Care: Initial Encounter

Introduction

7:30 **Why is Hip Dysplasia a Problem? (Is it Such a Big Problem?)**

Wudbhav N. Sankar, MD

7:40 **Causes: Update on Etiology and Pathogenesis**

Stuart L. Weinstein, MD

7:50 **Risk Factors in 2018: What Do We Know and Why is This Important?**

Charles T. Price, MD

8:00 **Baby Wearing and Other Practical Issues: The Parents Point of View**

Joanna McNeilly

8:10 **Discussion and Question and Answer Session**

Making the Diagnosis (Spotlight on Screening)

8:30 **Diagnosis (Review of Physical Exam and its Limitations)**

Mihir M. Thacker, MD

8:40 **What About Universal Screening? Why is Ultrasound Useful?**

Carlos A. Vidal Ruiz, MD

8:50 **Strategies for Screening in Resource Challenged Countries (Usefulness of X-Rays)**

Kishore Mulpuri, MBBS, MS, MHS

9:00 **The AAP's Point of View on Screening**

Benard P. Dreyer, MD

9:10 **Discussion and Question and Answer Session**

Nuts and Bolts of Infant Hip Ultrasound

9:30 **Using Ultrasound as a Clinician: The Bare Necessities**

Pablo G. Castañeda, MD

9:40 **The Next Step: Radiologist Point of View**

Nancy R. Fefferman, MD

9:50 **Live Patient Examination with Video Stream**

Pablo G. Castañeda, MD and Nancy R. Fefferman, MD

10:10 **Discussion and Question and Answer Session**

10:30 **Coffee Break**

Initial Treatment

11:00 **These Hips Do Not Need Treatment, It's Just Immaturity!**

Travis H. Matheny, MD, MLA

11:10 **This Hip Needs Treatment! Here is Why**

Joshua E. Hyman, MD

11:20 **Principles of Brace Treatment**

Perry Schoenecker, MD

11:30 **How Do I Follow a Patient in a Harness (Practical Steps and Live Demonstration)**

Simon Kelley, MD

11:40 **Discussion and Question and Answer Session**

12:00 pm **Lunch**

Understanding Non-Operative Treatment

1:00 **Practical Aspects of Non-Operative Treatment**

Emily R. Dodwell, MD, MPH, FRCS

1:10 **Evaluation of Treatment with Imaging**

Jonathan G. Schoenecker, MD, PhD

1:20 **Results of Treatment: The IHDI Study**

V. Salil Upasani, MD

1:30 **What To Do if Non-Operative Treatment is Not Working**

Wudbhav Sankar, MD

1:40 **Discussion and Question and Answer Session**

Part 2: Orthopedic Surgery: Basics

Initial Surgical Treatment

2:00 **What Is the Role of Closed Reduction and How Do I Do It?**

José A. Herrera-Soto, MD

2:10 **When and How Do We Use Advanced Imaging in the OR**

Simon Kelley, MD

2:20 **When to Consider an Open Reduction?**

Martin Gargan, MA, BM, BCH, FRCS

2:30 **Discussion and Question and Answer Session**

2:50 **Coffee Break**

Surgical Treatment: Next Steps

3:20 **When to Consider an Osteotomy in Infants**

Eduardo N. Novais, MD

3:30 **Which Osteotomy?**

Ira Zaltz, MD

3:40 **Long-Term Results**

Stuart L. Weinstein, MD

3:50 **Discussion and Question and Answer Session**

Consequences

4:10 **Dealing with Redislocation**

V. Salil Upasani, MD

4:20 **Dealing with AVN**

Ira Zaltz, MD

4:30 **Dealing with Residual Dysplasia**

Ernest L. Sink, MD

4:40 **Discussion and Question and Answer Session**

4:50 **Wrap-Up Discussion**

Pablo G. Castañeda, MD and Wudbhav N. Sankar, MD

5:00 pm **Adjourn**

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