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AAP-OC CALIFORNIA CHAPTER 4  
5000 CAMPUS DRIVE  
NEWPORT BEACH, CA 92660

## CURRENT ADVANCES IN PEDIATRICS

IRVINE MARRIOTT HOTEL  
IRVINE, CALIFORNIA

OCTOBER 5-7, 2018



AMERICAN ACADEMY OF PEDIATRICS-  
ORANGE COUNTY CHAPTER  
CALIFORNIA CHAPTER 4  
PRESENTS THE THIRTY-FIFTH ANNUAL

# CURRENT ADVANCES IN PEDIATRICS



Tide Pools, Newport Beach

October 5-7, 2018

The Irvine  
Marriott Hotel

IRVINE,  
CALIFORNIA

THIS PROGRAM IS CO-SPONSORED BY:

DEPARTMENT OF PEDIATRICS  
UC Irvine &

CHOC CHILDREN'S HOSPITAL



## GENERAL INFORMATION

THE IRVINE MARRIOTT HOTEL:

Whether you're traveling to Orange County Chapter for business or pleasure, the Irvine Marriott puts you in the center of it all. Our hotel in Irvine, CA, features a contemporary renovated lobby and lounge with live entertainment, intimate gathering spaces and unique dining experiences. The hotel is ideally situated just minutes from famous Southern California beaches, world-class shopping at Irvine Spectrum and South Coast Plaza, Disneyland and golf. Just two blocks from John Wayne Airport (SNA), we offer complimentary shuttle service to and from the transportation hub, providing a relaxing and hassle-free travel experience. After dining in our FLOE Lounge, work out in the state-of-the-art fitness center or relax by the newly remodeled swimming pool.

CONTINENTAL BREAKFAST AND COFFEE BREAKS will be provided daily

OPTIONAL LUNCHEON WORKSHOPS will be held on Friday and Saturday afternoons, as listed in the program. An additional fee of \$55 will be charged for each workshop attended (includes lunch). Please indicate your first and second preference by listing the speakers/workshop on the registration form. Early registration is encouraged to ensure attendance at the workshop of your choice. A vegetarian meal is available upon request. Please indicate a meal preference or dietary restrictions on the registration form

CANCELLATION AND REFUND POLICY: A full refund will be given if notice is received before September 1, 2018. After that date a **\$100 cancellation fee** will be charged. **No refunds will be offered after September 20, 2018.**

INFORMATION: For additional information, please call (949) 752-2787, Fax (949) 752-2788, or contact the AAP-OC Chapter, California, 5000 Campus Drive, Newport Beach, CA 92660 Email: lamson.aap@gmail.com Website: www.aap-oc.org

## GUEST FACULTY

**CORDELIA W. CARTER, MD**, Assistant Professor of Pediatric Orthopedic Surgery and Sports Medicine, Yale University School of Medicine  
New Haven, Connecticut

**SONIA K. MICHAIL, MD, FAAP, CPE, AGAF**, Professor of Clinical Pediatrics  
The University of Southern California, Keck School of Medicine, The Children's Hospital of Los Angeles, Director of Inflammatory Bowel Disease Research  
Los Angeles, California

**MICHAEL E. PICHICHERO, MD**, Director, Rochester General Hospital Research Institute, University of Rochester School of Medicine  
Rochester, New York

**JOAN E. SHOOK, MD FAAP, MBA, FACEP**, Chief Safety Officer, Deputy Chief Quality Officer, Chief Clinical Information Officer, Texas Children's Hospital, Professor of Pediatrics, Baylor College of Medicine  
Houston, Texas

**DAVID SAFANI, MD, XXXXXXXXXX**

**TIMOTHY E. WILENS, MD**, Chief, Division of Child and Adolescent Psychiatry  
Director, Center for Addiction Medicine, Massachusetts General Hospital  
Boston, Massachusetts

**ALBERT C. YAN, MD, FAAP, FAAD**, Chief, Section of Pediatric Dermatology,  
Children's Hospital of Philadelphia, Professor, Pediatrics and Dermatology  
Perelman School of Medicine at the University of Pennsylvania  
Philadelphia, Pennsylvania

*All faculty members are required to disclose to the program audience any real or apparent conflict(s) of interest to the content of their presentation(s). This disclosure information will be located at the registration desk for review.*

**California Chapter 4, AAP would like to thank the following companies for their generous support of this educational program.** Please visit their exhibits during the continental breakfasts and coffee breaks.

Abbott Nutrition	Miller Children's & Women's Hospital LB
AbbVie	Nestle Infant Nutrition
Arbor Pharmaceuticals	Novartis Eye & Ear Division
Astra Zeneca	Office Practicum
BiroFire Diagnostics	Pfizer, Inc.
Children's Hospital Los Angeles	Plusoptix Inc
Children's Learning Connection	Sanofi Pasteur
CHOC Children's	Shire Pharmaceuticals
Cranial Technologies	Success Concepts Medical Books
Culturelle	TEVA Respiratory
Mead Johnson	UCI Dept. of Pediatrics
Merck VaccinesMylan Inc.	

## PROGRAM

American Academy of Pediatrics-Orange County, California, in conjunction with the Department of Pediatrics, University of California, Irvine, and CHOC Children's Hospital, invites you to attend this conference at the Irvine Marriott Hotel, Irvine, CA.

The seminar is intended for Pediatricians, Family Practitioners, and Allied Health Professionals. It will emphasize newer treatments and their practical applications for both the office and hospital practice of pediatrics. **This year's program will focus on topics that include: Dermatology, Emergency Medicine, Infectious Diseases, Microbiome, Pediatric Psychiatry and Sports Medicine.**

## SCHEDULE OF EVENTS

### FRIDAY, October 5, 2018

7:00 - 8 a.m.	<b>Registration &amp; Continental Breakfast. Please Visit the Exhibits</b>
7:45 a.m.	Welcome, Introductions, & Presiding Officer Eric Ball, MD President, AAP-OC Chapter
7:55 a.m.	Remarks: Coleen Craft, President AAP
8:00 a.m.	<b>AAP Guidelines for AOM, Sinusitis, Pneumonia. What Makes Sense and What Does Not</b> Michael E. Pichichero, MD
8:30 a.m.	<b>Dermatology Lookalikes</b> Albert Yan, MD
9:00 a.m.	<b>Common Injuries in the Pediatric Athlete</b> Cordelia W. Carter, MD
9:30 a.m.	<b>Coffee Break – Visit the Exhibits</b>
	Presiding Officer: Dean Jacobs, MD Immediate Past President, AAP-OC Chapter
10:00 a.m.	<b>Non-Traumatic Surgical Emergencies</b> Joan E. Shook, MD
10:30 a.m.	<b>The Microbiome: An Introduction and Overview</b> Sonia K. Michail, MD
11:00 a.m.	<b>Childhood Depression: Critical Issues for the Pediatrician</b> David Safani, MD
11:45 a.m.- 12:15 p.m.	Meet the Professors Panel: Cordelia W. Carter, MD, Sonia K. Michail, MD, Michael E. Pichichero, MD, David Safani, MD, Joan E. Shook, MD and Albert Yan, MD Moderator - Harry Pellman, MD, CME Committee Chair, AAP-OC Chapter
<b>12:15-2:15 p.m.</b>	<b>Luncheon Workshops (optional) Listed alphabetically by speaker's last name</b>

### WORKSHOPS

- 1. Lower Extremity Injuries In Children: A Hands-On Workshop**  
Cordelia W. Carter, MD
- 2. Gut Microbial Therapy: Success Stories And Future Directions**  
Sonia K. Michail, MD, FAAP, CPE, AGAF
- 3. Judicious Office Use Of Antibiotics For Common Bacterial Infections**  
Michael E. Pichichero, MD
- 4. Empathetic Communication: Better Care, Better Scores, Happier Providers**  
Inderpal S. Randhawa, MD
- 5. Diagnosis & Management Of Adhd: From Basic To More Complex Presentations (Saturday Only)**  
Timothy E. Wilens, MD
- 6. Off-Label and Off-Book Tips and Tricks in Pediatric Dermatology**  
James R. Treat, MD
- 7. Our Mental Health Epidemic (Friday only)**  
David Safani, MD

### SATURDAY, October 6, 2018

7:00 a.m.	<b>Continental Breakfast – Visit the Exhibits</b>
7:55 a.m.	Presiding Officer: Katherine Williamson, MD Vice President, AAP-OC Chapter
8:00 a.m.	<b>Altered Mental Status in Children</b> Joan E. Shook, MD
8:30 a.m.	<b>The Microbiome: Its Effect on GI Issues, Obesity, Autism, and More!</b> Sonia K. Michail, MD
9:00 a.m.	<b>Blaming it on a Virus: What's New</b> Albert Yan, MD
9:30 a.m.	<b>Coffee Break – Visit the Exhibits</b>
	Presiding Officer: Phyllis Agron, MD Past President, AAP-OC Chapter
10:00 a.m.	<b>Current Concepts: Training the Child Athlete</b> Cordelia W. Carter, MD
10:30 a.m.	<b>Marijuana &amp; Kids: What Pediatric Providers Need to Know</b> Timothy E. Wilens, MD
11:00 a.m.	<b>AOM/PNIP/Infection Prone Child. The Latest</b> Michael E. Pichichero, MD
11:30 a.m.- 12:00 p.m.	Meet the Professors Panel: Cordelia W. Carter, MD, Sonia K. Michail, MD, Michael E. Pichichero, MD, Joan E. Shook, MD, Timothy E. Wilens, MD, and Albert Yan, MD Moderator - Tommy Wang, MD, Residency Director, UC Irvine-CHOC Pediatrics
<b>12:15-2:15 p.m.</b>	<b>Luncheon Workshops (optional)</b>
	<b>The workshops are repeated on Saturday to enable you to attend more than one workshop.</b>

### SUNDAY, October 7, 2018

**Note:** *There will be a five minute period to allow for questions following each presentation*

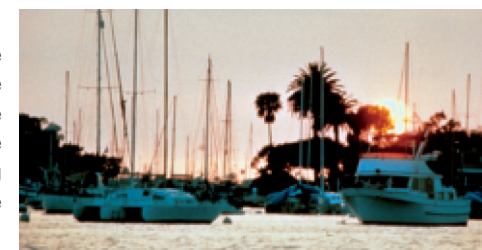
7:00 a.m.	<b>Continental Breakfast – Visit the Exhibits</b>
7:55 a.m.	Welcome: Presiding Officer: Michael Cater, MD Member, CME Committee, AAP-OC Chapter
8:00 a.m.	<b>ADHD: Longer Term Outcomes and Effect of Treatment</b> Timothy E. Wilens, MD
8:35 a.m.	<b>Sex-Based Differences in Pediatric Sports Medicine</b> Cordelia W. Carter, MD
9:10 a.m.	<b>PANDAS: An Overview</b> Michael E. Pichichero, MD
9:45 a.m.	<b>Coffee Break – Visit the Exhibits</b>
10:10 a.m.	<b>Prize Drawings: Harry Pellman, MD - CME Committee Chair, AAP-OC Chapter</b> Presiding Officer: Candice Taylor Lucas, MD Member, CME Committee, AAP-OC Chapter
10:15 a.m.	<b>Atopic Dermatitis: Update on Current Thoughts</b> Albert Yan, MD
10:50 a.m.	<b>Basics of Emergency Cardiology: What Not to Miss</b> Joan E. Shook, MD
11:25 a.m.	<b>The Pediatricians Role in Targeting the Microbiome in Children</b> Sonia K. Michail, MD
12:00 p.m.	Closing Remarks

**ACCREDITATION:** The California Chapter 4, American Academy of Pediatrics is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The California Chapter 4, AAP, takes responsibility for the content, quality, and scientific integrity of this CME activity. The California Chapter 4, AAP designates this educational activity for a maximum of **15**

**AMA PRA Category 1 Credits™.**

Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical

**EARLY REGISTRATION IS RECOMMENDED** to ensure your attendance at this conference and to receive your choices for the optional workshops. To encourage early registration, we are offering reduced conference rates to those who register before **September 4.**



## THE THIRTY-FIFTH ANNUAL CURRENT ADVANCES IN PEDIATRICS

The Irvine Marriott Hotel, Irvine, California • October 5-7, 2018

### MEETING ADVANCE REGISTRATION

Please remit to AAP-OC Chapter, 5000 Campus Drive, Newport Beach, CA 92660  
Phone: (949) 752-2787 Fax: (949) 752-2788

**Online registration: [www.aap-oc.org](http://www.aap-oc.org)**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone \_\_\_\_\_  
Email \_\_\_\_\_

In an attempt to be environmentally responsible, we will provide a mini-syllabus (topic & lecture points only) plus a flash drive that contains the presentations at **no charge**. If you desire a paper copy of the complete syllabus which includes all of the printed presentations, the cost will be **\$35.00**. The full syllabus **includes a flash drive**.

The hotel will not be able to provide copying capabilities on a daily basis for the presentations in the flash drive. Internet access is an additional charge – arranged through the hotel.

	Before 9/1/18	After 9/1/18	
<b>Members</b> (CA4, AAP 4 only)	\$475	\$510	\$ _____
<b>Nonmembers (Physicians)</b>	<b>\$550</b>	<b>\$585</b>	<b>\$ _____</b>
<b>Residents and Interns</b> (Other than UCI/CHOC)	\$150	\$175	\$ _____
<b>UCI &amp; CHOC Residents</b> -Conference Free (Luncheon/Workshop charge @ \$55/day)	\$0		\$ _____
<b>Allied Health Professionals</b>	\$300	\$325	\$ _____
<b>Emeritus/Retired Physicians</b> (AAP-OC Chapter MEMBERS no longer in practice)	\$275	\$300	\$ _____
Luncheon-Workshop (optional)	\$55/day		\$ _____
Mini-Syllabus (contains topic, lecture points + flash drive) <b>No Charge</b>			\$ _____
Full Syllabus (all lectures provided) with <b>flash drive @ \$35.00/each</b>			\$ _____
<b>Total Conference Cost (Registration + Syllabus fee)</b>			<b>\$ _____</b>
Friday Luncheon Workshop (choices)	1st _____	2nd _____	
Saturday Luncheon Workshop (choices)	1st _____	2nd _____	
<b>Vegetarian Lunch</b> <input type="checkbox"/> Yes <input type="checkbox"/> No <b>Dietary Restrictions</b> _____			

### Credit card registration for conference.

Major Credit Cards accepted: VISA  MasterCard  AMEX  Discover

Name as it appears on card: \_\_\_\_\_

Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV# \_\_\_\_\_

**I plan to stay at the Irvine Marriott Hotel. Yes  No**

### HOTEL ADVANCE REGISTRATION – Must be made with the hotel directly.

The Irvine Marriott Hotel, 18000 Von Karman Avenue, Irvine, CA 92612  
Call for discounted reservations (949) 553-0100 or Global Reservations Center (800) 228-9290 and ask for the American Academy of Pediatrics (AAP) Group Rate or, **Marriott Hotel Discounted Reservation Link: Book your group rate for 35th Annual Current Advances in Pediatrics Room Block**  
*Please be sure to identify this event when registering for the special room rate.*

**Special Event Room Rate \$154.00 (single/double room accommodations)**

Room rates available from Thursday October 4 through Sunday October 8. Hotel registration must include a major credit card as a deposit and is refundable only when the hotel is notified 24 hours before the arrival date. **RESERVATIONS AT THE SPECIAL ROOM RATES ARE NOT GUARANTEED IF NOT RECEIVED BY SEPTEMBER 4, 2018.**

*Complementary self-parking will be available this year as an added convenience. Please use hotel entrance on Von Karman for self-parking. Surrounding parking structures will not be honored.*

*Valet parking is also available for a fee.*