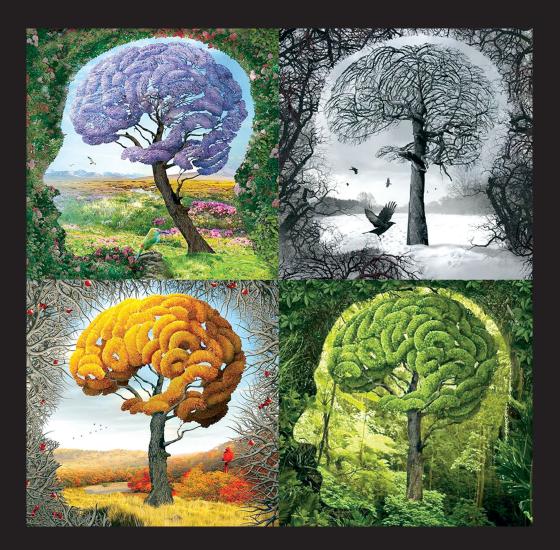


# 6th Annual UCLA Review of Clinical Neurology

September 14-16, 2018



Neuroscience Research Building Auditorium (NRB) UCLA Campus Los Angeles, California



DAVID GEFFEN SCHOOL OF MEDICINE at UCLA

# Fall 2018

Course Title and Number		Registration Fee
6th Annual UCLA Review of Clinical Neurology M	189-11	
Registration Fee (late fee after August 20, 2018): Physicians – \$900 Physicians (late fee) – \$1,000 Allied Health Professionals – \$400 Allied Health Professionals (late fee) – \$500 Trainees – \$300		
Tuition includes: registration for the 3-day course, digital cours syllabus, continental breakfasts, lunches, coffee breaks and sr		
Tuition excludes a hardcopy syllabus. If you wish to purchase a hardcopy syllabus, please indicate this in the box below.	a	
	TOTAL	

Last four digits of your Social Security Number

Name (First/	(Middle/Last)			
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Authorizing Signature

**MAIL TO:** Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 6th Annual UCLA Review of Clinical Neurology, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024-6512

**FAX TO:** (310) 794-2624 (must include charge card information and authorizing signature) **CALL:** (310) 794-2620

REGISTER ONLINE: www.cme.ucla.edu/courses/neuro2018

# David Geffen School



# **COURSE CO-CHAIR** Alon Avidan, MD, MPH

Professor of Neurology\* Director, UCLA Sleep Disorders Center Vice Chair, UCLA Department of Neurology



# **COURSE CO-CHAIR**

Barbara Giesser. MD Professor of Neurology' Clinical Director of UCLA MS Program UCLA Department of Neurology

# **COURSE FACULTY**



Robert Baloh, MD Professor of Neurology and Head and Neck Surgerv\* Director of Neurootology UCLA Department of Neurology



### Timothy Fong, MD

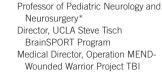
Professor of Psychiatry\* Director, UCLA Addiction Psychiatry Fellowship Co-Director, UCLA Gambling Studies Program

UCLA Department of Psychiatry



Jeff Bronstein, MD, PhD Professor of Neurology\* Fred Silton Family Chair in Movement Disorders Director of Movement Disorders UCLA Department of Neurology





Christopher Giza, MD

Program UCLA Department of Pediatrics

### Jason Hinman, MD, PhD

Assistant Professor of Neurology\* Chair, UCLA Stroke Group Governance Committee Staff Physician, West Los Angeles Veterans Hospital UCLA Department of Neurology

Langston Holly, MD Professor of Neurosurgery and Orthopaedics\* Vice Chair of Clinical Affairs UCLA Department of Neurosurgery





S. Thomas Carmichael, MD, PhD Professor and Chair\* Frances Stark Endowed Chair Co-Director UCLA Broad Stem Cell Center UCLA Department of Neurology



Meeryo Choe, MD Assistant Professor of Pediatrics\* Associate Director, UCLA Steve Tisch BrainSPORT Program Brain Injury Research Center Division of Neurology UCLA Department of Pediatrics



Brent L. Fogel MD, PhD Associate Professor of Neurology\* Director, Neurogenetics Clinic UCLA Department of Neurology







# of Medicine at UCLA













### S. Andrew Josephson, MD

Chair, Department of Neurology Carmen Castro Franceschi and Gladyne K. Mitchell Neurohospitalist Distinguished Professor Weill Institute for Neurosciences University of California, San Francisco

Navaz Karanjia, MD

Associate Professor of Neurosciences Departments of Neurosciences and Anesthesiology Director, UCSD Neurocritical Care and Neuro-ICU UC San Diego Health San Diego, CA

### Gabriel Léger, MD Director, FTD & Young Onset

Director, FTD & Young Onset Dementia Program Director, Behavioral Neurology and Neuropsychiatry Fellowship Cleveland Clinic Lou Ruvo Center for Brain Health Clinical Assistant Professor Cleveland Clinic Lerner School of Medicine of Case Western Reserve University

# Andrew Leuchter, MD

Professor of Psychiatry and Biobehavioral Sciences\* Director, TMS Clinical and Research Service Director, Neuromodulation Division UCLA Department of Psychiatry

- Phioanh Leia Nghiemphu, MD Associate Professor of Neuro-Oncology\*
- Director, Neuro-Oncology Fellowship Program
- Director, Neuro-Oncology Clinical Service & NF2 Multidisciplinary
- Clinic UCLA Department of Neurology

# May Nour, MD, PhD

- Assistant Professor of Neurology & Radiology\*
- Medical Director, Arline & Henry Gluck Mobile Stroke Rescue Program
- UCLA Comprehensive Stroke Center UCLA Department of Radiology



### Peter Quiros, MD

Associate Clinical Professor of Ophthalmology\* Doheny Eye Institute UCLA Department of Ophthalmology





Lucas Restrepo, MD, PhD Assistant Professor of Neurology\*

Assistant Professor of Neurology Comprehensive Stroke and Vascular Neurology Program and UCLA Mary S. Easton Center for Alzheimer's Disease Research UCLA Department of Neurology

### **Perry Shieh, MD, PhD** Associate Professor of Neurology\* UCLA Neuromuscular Program

UCLA Neuromuscular Program UCLA Department of Neurology



Elyse Singer, MD Professor of Neurology\* Director, UCLA Neuro-ID Program UCLA Department of Neurology







John Stern, MD Professor of Neurology\* Director, Epilepsy Clinical Program Director, Epilepsy Residency Training Co-Director, UCLA Seizure Disorder Center UCLA Department of Neurology

Neil Wenger, MD Professor of Medicine\* Director, UCLA Health Ethics Center UCLA Department of Medicine

Andrew Woo, MD, PhD Assistant Clinical Professor of Neurology\* UCLA Department of Neurology

# **Program Schedule**

# Day 1 – Friday, September 14, 2018

7:00 AM	Continental Breakfast		
7:45 AM	Introduction	Alon Avidan, MD, MF	PH & Barbara Giesser, MD
7:55 AM	Welcome Address	S. Thor	mas Carmichael, MD, PhD
8:00 AM	Traumatic Brain Injury & Postconcu	ussive Syndrome	Christopher Giza, MD
9:00 AM	Stroke Evaluation and Management	t: Review and Updates	May Nour, MD, PhD
10:00 AM	Break		
10:15 AM	Best Practices in Migraine and Pair	n Therapy	Mollie Johnston, MD
11:15 AM	Neurogenetics in a Nutshell		Brent L. Fogel, MD, PhD
12:15 PM	Lunch		
1:15 PM	Movement Disorders Overview and	Updates	Jeff Bronstein, MD, PhD
2:15 PM	Cases in Neuromuscular Disorders		Perry Shieh, MD, PhD
3:15 PM	Break		
3:30 PM	Neurooncology Cases	Phio	anh Leia Nghiemphu, MD
4:30 PM	Neurology, Ethics and the Law		Neil Wegner, MD
5:30 PM	Adjourn		

# Day 2 – Saturday, September 15, 2018

7:00 AM	Continental Breakfast	
8:00 AM	Sleep Medicine for the Neurologist	Alon Avidan, MD, MPH
9:00 AM	Challenges and Opportunities in Multiple Sclerosis	Barbara Giesser, MD
10:00 AM	Break	
10:15 AM	Best Practices in Epilepsy Care	John Stern, MD
11:15 AM	Cases in Pediatric Neurology	Meeryo Choe, MD
12:15 PM	Lunch	
1:15 PM	Practical Cases in Neuro-Ophthalmology	Peter Quiros, MD
2:15 PM	Neurorehabilitation Cases	Jason Hinman, MD, PhD
3:15 PM	Break	
3:30 PM	Practical Approaches to the Dizzy Patient	Robert Baloh, MD
4:30 PM	Cannabis and Cannabinoid Education for Neurologists	Timothy Fong, MD
5:30 PM	Adjourn	

# Day 3 – Sunday, September 16, 2018

7:00 AM	Continental Breakfast	
8:00 AM	Cases in Hospital Neurology	S. Andrew Josephson, MD
9:00 AM	CNS Infections in the United States	Elyse Singer, MD
10:00 AM	Break	
10:15 AM	Low Back and Neck Pain: When to Order Tests, Treatments, and When to Operate	Langston Holly, MD
11:15 AM	Practical Cases in Dementia	Gabriel Léger, MD
12:15 PM	Lunch	
1:15 PM	Cases in Critical Care Neurology	Navaz Karanjia, MD
2:15 PM	Neurotoxicology and Chronic Alcohol Use: What Neurologists Need to Know	Lucas Restrepo, MD, PhD
3:15 PM	Break (Coffee & Snacks Provided)	
3:30 PM	Psychiatry for the Practicing Neurologist	Andrew Leuchter, MD
4:30 PM	Unusual Cases in Neurology Outpatient Practice	Andrew Woo, MD, PhD
5:00 PM	Adjourn	

# **6th Annual UCLA Review of Clinical Neurology**

# **Course Description**

The UCLA Review of Clinical Neurology is designed to provide a comprehensive and practical review for neurologists who wish to strengthen their proficiency in diagnosing and treating core disease states in neurology.

The course is organized to provide attendees with a review of clinical neurology based on major disease topics. Each neurological core topic will be organized to provide a summary of the clinical spectrum of the disorders, pathophysiology, etiology, diagnostic techniques and management options. Lectures will utilize cases and audience response system (ARS) to help the participants appraise their knowledge and actively engage them in the learning process. Each lecture will include a discussion of three recent advancements made in the last year.

Participants will be able to effectively use this educational symposium to enhance their clinical knowledge of key neurologic disorders, expand their horizons on recent discoveries about disease pathology, appreciate new diagnostic tools and think critically about management options.

This activity can be used to satisfy competency requirements for Maintenance of Certification (MOC) required by the American Board of Psychiatry and Neurology (ABPN) and ABPN-Self Assessment.

# **Course Highlights**

- · Comprehensive evidence-based review of common neurological problems
- Presentation of common and important neurologic conditions, emphasizing practical aspects of clinical care and highlighting recent discoveries in disease mechanisms, pathophysiology, diagnostic tools and recently approved treatment options
- Audience participation in case-based discussions utilizing interactive case-based approaches.
- Effective, evidence-based treatment options based on recent publications of the American Academy of Neurology Practice Guidelines
- Presentation of "three new things" focusing on recent advances in each clinical domain.
- Demonstration of video montages to help attendees appreciate clinical manifestations and empower them with clinical pearls to enhance their practice
- · Discussion of strategies to optimize wellness in their own lives

# **Course Learning Objectives**

At the conclusion of this course, participants should be able to:

- Utilize most current evidenced-based practices to diagnose and manage major disease states in neurology, including multiple sclerosis, dementia, vertigo, headaches, epilepsy, CNS infections, movement disorders, sleep disorders, disorders due to chronic alcohol exposure, neuromuscular diseases, neurootology, cerebrovascular disease and neuroophthalmology.
- Use key neurologic signs and symptoms to explore underlying neurologic processes and possible localization of underlying disorders.
- Order appropriate neurologic testing including sleep studies, neurologic imaging, and neurophysiological assessments.
- Identify the most current and appropriate therapeutic strategies for common neurologic disorders and complaints.
- Apply ethical principles to the care of patients with complex and challenging neurological disorders.
- Examine the role of toxins and chronic alcohol exposure in neurologic impairments.
- Recognize psychiatric illness in general neurology practice and appreciate the basic principles of psychopharmacology in addressing these patients.
- Formulate an approach to patients with challenging and unusual neurologic presentations.
- Discuss the potential role for cannabis and cannabinoid compounds in neurologic disease.

# **Target Audience:**

This course is designed for practicing neurologists either in private, health group, community, or academic practice, as well as neurology, psychiatry and neurosurgery trainees (residents, fellows). The course will also be useful to allied health care providers in neuroscience specialties (psychologists, physician assistants, nurses and nurse practitioners, speech pathologists and physical and occupational therapists). Psychiatrists, internists, family physicians, neurosurgeons and rehabilitation specialists who encounter neurologic disorders in their patients will find this course particularly helpful.

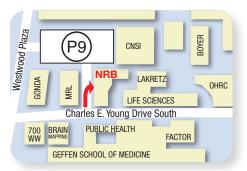
# General Information Friday-Sunday, September 14-16, 2018

# **Program Location**

NRB Auditorium Neuroscience Research Building 635 Charles E. Young Drive South Los Angeles, CA 90095

# **Directions and Parking**

From the 405 freeway, exit on Wilshire Blvd. East. Proceed on Wilshire Blvd. to Westwood Blvd. and make a left. Proceed north on Westwood Blvd., turn right on Charles E. Young Drive South and continue ½ a block. Turn left into Lot 9. There will be an attendant selling permits each morning from 6:30 am – 8:30 am. If you arrive outside of this time frame, please go to the parking and information kiosk on Westwood Plaza to pay for your parking permit. Parking is \$12 per vehicle, per day, cash only.



# Additional Information

If you have any questions, please contact the UCLA Office of Continuing Medical Education at (310) 794-2620 or visit our CME website at *www.cme.ucla.edu*.

# Refunds

Cancellations must be received in writing by Friday, August 18, 2018 and will be subject to a \$50 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

# Hotel Accommodations

UCLA has arranged a block of rooms at the UCLA Luskin Conference Center for our guests. A discounted room rate of \$269.00 (inclusive of taxes) will be offered. To reserve a room, please contact the UCLA Luskin Conference Center and indicate you will be attending the UCLA Neurology Review program. Once the room block is sold, room rates will be subject to availability.

# UCLA Hotel | Luskin Conference Center

425 Westwood Plaza Los Angeles, CA 90095 (855) 522-8252 (0.2 miles from UCLA Neuroscience Research Building)



Please visit our website for other UCLA CME course offerings: www.cme.ucla.edu Early registration is recommended, as space is limited.

# Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, designates this live activity for a maximum of 23.5 AMA PRA Category 1 Credits  $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# **ABPN MOC**

The American Board of Psychiatry and Neurology has reviewed the Sixth Annual UCLA Review of Clinical Neurology and has approved this program as part of a comprehensive CME and self-assessment program, which is mandated by the ABMS as a necessary component of maintenance of certification.

# **Disclosure Statement**

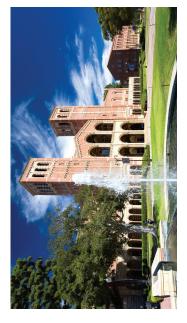
The FDA has issued a concept paper that classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. UCLA fully endorses the letter and spirit of these concepts.

UCLA Office of Continuing Medical Education David Geffen School of Medicine at UCLA 405 Hilgard Avenue MC29 Los Angeles, CA 90095-6938

# 6th Annual UCLA Review of Clinical Neurology

September 14-16, 2018

Register today! Enroll now by mail, fax, phone or online. Neuroscience Research Building Auditorium (NRB) UCLA Campus Los Angeles, California



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